

Do you or your spouse have the following?

Sleep apnea	yes	no
Do you snore	yes	no
Have you had sleep studies	yes	no
CPAP	yes	no

DO YOU:

Clench your teeth while awake or asleep	yes	no
Bite your lips or cheeks regularly	yes	no
Hold foreign objects with your teeth (pencils, pins, nails...)	yes	no
Mouth breathe while awake or asleep	yes	no
Have tired jaws, especially in the morning	yes	no
Snore or have any other sleep disorder	yes	no
Smoke/chew tobacco or use any other tobacco products	yes	no

HAVE YOU EVER HAD:

Orthodontic treatment	yes	no
Oral surgery	yes	no
Periodontal treatment	yes	no
Your teeth ground or your bite adjusted	yes	no
A serious injury to the mouth or head	yes	no

If yes please describe the cause _____

HAVE YOU EXPERIENCED:

Clicking or popping of the jaw	yes	no
Pain in the joint, ear, or side of face	yes	no
Difficulty opening or closing the mouth	yes	no
Difficulty in chewing on either side of the mouth	yes	no
Headaches, neck aches, shoulder aches	yes	no
Are you satisfied with your teeth's appearance?	yes	no
Would you like to keep all of your teeth all of your life?	yes	no
Do you feel nervous about having dental treatment?	yes	no

If so what is your biggest concern? _____

Have you ever had an upsetting dental experience?	yes	no
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If yes please describe _____